



**GOSHEN  
CENTER FOR CANCER CARE**

200 High Park Avenue, Goshen, Indiana 46526

Brought to you by Goshen Health System

# The Link for Hope

A newsletter of the Goshen Cancer Survivor Network April 2010



photo by Tony McNair



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**Gale Sayers**  
**True Celebration**  
**May 16 – 2:00 p.m. Sauder Hall**

It is our privilege  
to invite you to attend  
**True CELEBRATION** as we  
honor cancer survivors.

This year's event begins at 2:00 p.m. at Sauder Music Hall on the Goshen College campus. Located just south of College Avenue and 12<sup>th</sup> Street, Goshen Indiana, the music center parking lot is immediately adjacent to the center.

Gale Sayers, this year's guest speaker is perhaps best known for holding the National College Athletic Association football record for a 99 yard touchdown while playing for Kansas University. Playing professional football for the Chicago Bears, Sayers was the youngest player in NFL history to be inducted into the National Football League Hall of Fame.

Sayers is the author of *I Am Third*, his autobiography which reflects his philosophy of life: the Lord is first; family and friends are second; I am third. The award winning television movie "Brian's Song" was scripted from *I Am Third*. The movie featured the special relationship between Sayers and his teammate Brian Piccolo who succumbed to cancer.

Reservations for the event are not required but early arrival is recommended as seating is limited to 700 persons. The event is open to the public. ■

**SAVE THE DATE!**  
*Run for Research*  
September 18



INSURANCE

# HEALTH CARE REFORM and Cancer

It seems barely a day passes that we are privy to another news story about the recently passed national health care reform legislation. Only time will truly tell whether or not patients are benefited by the legislation; however there are some changes that will directly impact cancer patients.

The National Coalition for Cancer Survivorship (NCCS), [www.canceradvocacy.org](http://www.canceradvocacy.org) a national not for profit cancer advocacy organization has long advocated for improved health care benefits for cancer patients. Thomas P. Sellers, president and CEO of NCCS and 11 year cancer survivor recently announced “we look forward to seeing the implementation of critical reforms that improve the quality of care and quality of life for people affected by cancer.”

- 1. “Pre-existing” conditions are history.** This is effective for dependent children under the age of 19 this year and for all individuals by 2014. No insurance plan can deny you because you’re fighting cancer or any other illness.
- 2. You can’t lose your insurance when you need it most.** By year end, it is anticipated that no person can be dropped from their insurance plan when they receive a diagnosis of cancer or any other disease. Insurers will not be able to cancel insurance coverage retroactively except for fraud.
- 3. An end to “lifetime caps” on your benefits.** You won’t have to worry about your benefits “running out” as you’re fighting to take care of yourself or a family member.
- 4. More coverage for young adults.** Scheduled to be in place by September, a young adult can stay on their parents’ coverage up to the age of 26. This is especially important for young adults fighting cancer and attending college at the same time.
- 5. Support for clinical trials.** By 2014, the law will prohibit new health plans from dropping or limiting coverage just because an individual is enrolled in a clinical trial. Coverage would be required for routine patient care costs for patients enrolled in clinical trials.
- 6. An end to the Medicare prescription drug “Donut Hole” for seniors.** By 2020 the hole will be closed. Seniors who hit the donut hole in 2010 will receive a \$250 rebate. Senior cancer patients often encounter the donut hole at year end and discover they cannot afford their cancer medications. Beginning in 2011, seniors in the donut hole will receive a 50% discount on brand name drugs.
- 7. Options for preventative care** without co-payments or deductibles are being established for Medicare beneficiaries.
- 8. Uninsurable cancer patients** who have lost their previous insurance coverage may be able to get coverage through a federally subsidized health insurance program, slated to be established within 90 days. ■

Relaxing, Healing,  
Inspiring, **EMPOWERING:**

# Camp Jenee



Camp Jenee participants

Join other cancer survivors for a weekend of self care and renewal at Camp Jenee. This annual retreat for adult cancer survivors is held at the YMCA Camp Potawatami, north of Kendallville, Indiana. Participants are housed in the heated and air conditioned Sharpies Conference Lodge.

This year's camp will be held May 14 – 16, beginning at 5:00 p.m. Friday the 14<sup>th</sup> and concluding at 1:00 p.m. Sunday the 16<sup>th</sup>. Cost is \$30 per participant and is open to any cancer patient or survivor over the age of 18. The weekend retreat is aimed at teaching techniques of self nurturing, stress reduction, and coping techniques including Tai Chi, relaxation and journaling. Participants are encouraged to choose a complementary care session of massage, Reiki, healing touch or reflexology.

Enrollment is limited and accepted on a first come, first served basis. Contact Mary Riecke, retreat co-director for availability at [maryriecke@verizon.net](mailto:maryriecke@verizon.net) or call 260.417.1533.

Camp Jenee was established in memory of former cancer patient Jenee Dyer. Camp Jenee is an independently facilitated retreat program for adult cancer survivors. The program is financially supported by donations, memorials, and Camp Watcha-Wanna-Do, a 501 (c) (3) organization that provides programs for cancer survivors. ■

## Calendar of Events

**Living with Cancer** support group summer sessions begin June 1 and end July 20. Meeting each Tuesday in the lower level conference room at the Goshen Center for Cancer Care from 4:30 p.m. – 6:00 p.m., the sessions are free and open to any cancer patient, family member or friend.

Each group meeting includes an educational component as well as an opportunity for group sharing and interaction. Groups are facilitated by PNI mind – body counselors Rita Gingrich, LCSW, and Pat Shoemaker, MSW. Registration is not necessary.

**Look Good...Feel Better** provides information and cosmetic advice to women in treatment for cancer. Training includes hands-on instruction about makeup, nail care, skin care, and suggestions for using wigs, turbans, and scarves.

Cosmetics are provided for each woman's personal make over and are yours to keep. The program is free of charge and facilitated by licensed cosmetologists. Summer sessions will be held May 10 and July 12 from 9:00 a.m. – 11:00 a.m. in the lower level conference room of the Goshen Center for Cancer Care. The program is

sponsored by the American Cancer Society, Personal Care Products Council Foundation and the National Cosmetology Association. To register contact ACS at 1.877.499.4673.

**Relay for Life: Goshen** will be held at the Goshen High School on June 5 beginning at 2:00 p.m. The survivor lap will begin at 4:00 p.m. with the survivor reception immediately following in the Survivor tent. The luminary ceremony on behalf of those who lost their cancer battle will take place at dusk. Look for the Goshen Cancer Survivor Network tent while you are on site. Contact Tracy: [tgeiser@goshenhealth.com](mailto:tgeiser@goshenhealth.com) for more information. To find a Relay for Life event near you, visit the American Cancer Society web site at [www.acs.org](http://www.acs.org).

**Relay for Life: Noble County** Indiana will be held May 22 at the West Noble High School, Ligonier. The survivor lap is at 5:00 p.m. followed by the celebration dinner. Each survivor may bring a caregiver with them to the dinner. Registration begins at 10:00 a.m. and will continue through 4:30 p.m. at which time survivors will gather for the ceremony. Contact Stacy: [slang@goshenhealth.com](mailto:slang@goshenhealth.com) for more information. The Survivor Network tent will be on site this day also. ■



# Supporting Hematologic Cancer Patients

Claire Kammen, Patient Services Manager for the Indiana Chapter of the Leukemia & Lymphoma Society recently visited the Goshen Center for Cancer Care. Kammen met with Oncology research nurse Becky Eickhoff to learn more about clinical trials available to blood cancer patients at Goshen.



Becky Eickhoff, OCN and Claire Kammen, MSW, Leukemia & Lymphoma Society

Goshen Center for Cancer Care participates in various clinical trials for lymphoma patients and is currently looking at a new trial with Immunomedics, Inc., New Jersey involving radio labeled antibodies with medication for relapsed refractory non-Hodgkin's lymphoma due to open this summer. Goshen Center for Cancer Care cooperates with the Indianapolis based Simon Cancer Center and Chicago based Northwestern University Medical Center to treat patients with acute leukemia.

Based in Indianapolis, the Leukemia & Lymphoma Society provides support, education and financial assistance to patients with a blood cancer. Patients with hematologic cancers are eligible to receive an annual \$150 stipend through the Patient Financial Aid Program to help with expenses. The society also manages the Co-Pay Assistance Program which provides health insurance co-pay assistance up to \$5,000 per year for income qualifying patients. For more information or an application contact Kammen at 1.800.846.7764.

The mission of the society is to "Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families." For more information about the Leukemia & Lymphoma Society programs visit [www.lls.org](http://www.lls.org). ■



## *Coordinator's Corner*

From the looks of the blooming daffodils outside the cancer center, spring is here! Along with the bloom of spring, comes the launch of the new Goshen Cancer Survivor Network web site: [www.goshensurvivors.org](http://www.goshensurvivors.org). The site has been designed to make it easy for you to join the network and have access to information to help you through your cancer journey and beyond. I hope you will take a minute to stop by the site and let me know what you think.

And don't forget to attend True Celebration, the annual cancer survivor celebration sponsored by Goshen Center for Cancer Care. Hundreds of cancer survivors, family and friends will gather to celebrate life and hear an inspirational talk by NFL legend Gale Sayers. If you have not attended in previous years, I hope you will be able to join us for the first time. I hope to see you there! ■

Sandy

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