

*Almost Always Fatal; Coping with Cancer with a Sense of Humor*, by Charles Walton (2006).

Charles (“Chuck”) Walton is able to lighten his spirit and the spirits of those around him with his honesty and wit. While Chuck does not escape the fright and uncertainties of a cancer diagnosis and treatment, through telling his story he doses himself and others with refreshing humor and lightness. Chuck also describes how he was able to tap into his spirituality, connect with his soul, and give back to others. He is remarkably able to move from ugly thoughts to a place of peace and hope. What a gift to share with readers!